



Patent pending.



Introducing our new, improved Mobile Alarm System

LifeGuard SmartMobile

Download the app for your compatible[†] Android smartphone

- + Download our LifeGuard SmartMobile app for your compatible[†] Android smart phone
- + Turns your phone into a mobile alarm and much more that you can take with you anywhere
- + No cost for the app itself, just pay our low monthly monitoring fee.
- + Optional SmartDock also available, see over.

The LifeGuard SmartMobile lets you take your alarm with you wherever you go. Pressing the HELP button sends an alarm through to our 24/7 Emergency Response Centre. The built-in GPS locator ensures that in an emergency our nurses will be able to locate you, speak to you, and send assistance — even if you are not able to respond.

Two-way voice communication — so even if you can't physically answer an incoming call, the SmartMobile app can auto-answer in an emergency so we can still talk to you. With our optional SmartDock it charges wirelessly, and features enhanced audio quality via the microphone and speakers in the dock. The SmartMobile still retains the key benefits of a mobile phone.

Works on your compatible[†] Android Mobile Phone

Use your own compatible[†] mobile phone and SIM, and download our app for free. Pay only the monthly Monitoring Fee shown in the table below.

Monitored by nurses in our Emergency Response Centre

Can also record vital signs and monitor health. Ability to monitor wearable wellness monitors for ECG, Heart Rate, add optional Professional TeleHealth Services[◊] and more.

Coming soon ...

The ability to call the LifeGuard SmartMobile from the Manager's and Client Portals (family can conduct voice or video calls).

[†] Minimum Android 4.4 with 5" Screen.

[◊] Professional TeleHealth functionality in development, coming soon. TeleHealth monitored by family available now.

| | With existing Monitoring Service | Without existing Monitoring Service |
|--|----------------------------------|-------------------------------------|
| | per month \$14.95 | per month \$30.00 |



We can supply our optional LifeGuard SmartDock for wireless charging and enhanced audio quality via the dock's microphone and speakers.

SCAN QR Code to download the app.



Free Call
1800 636 226

Or find us online:

 theinsgroup.com.au

 facebook.com/INSLifeGuardAUandNZ/

SmartMobile App Features

- Turns your mobile phone into a Mobile Medical Alarm – just like a standard pendant or wrist transmitter, pressing the HELP button on the LifeGuard SmartMobile sends an alarm to our 24/7 Emergency Response Centre
- 2-Way Voice and optional Video Alarm response by the LifeGuard Emergency Response Centre
- Google Assistant incorporated, allowing you to command the device via voice (e.g. saying “Hey Google, ask INS LifeGuard for Help” to send an emergency alarm¶)
- Can be used in SmartVillage Wi-Fi enabled Village Sites without need of a SIM and act as a second cordless phone inside and outside the home
- Wi-Fi, 3G or 4G connectivity
- Health Information Portal - push notifications
- GPS Locator - in the event of an emergency our Response Centre nurses are able to locate you and direct Emergency Services to your location
- Geofence alarms – automatically notify contacts if user leaves set areas.
- Tracking for dementia / Alzheimer’s with alarms sent if wandering
- Ability to record vital signs and family/carer can monitor OR add our full-featured Professional TeleHealth Service.
- *Concierge Service (optional)* — assistance with arranging appointments and booking taxis, electricians, gardeners, handymen, and much more
- *Coming Soon* – the ability to call the SmartMobile from the Manager’s and Client Portals (family can conduct voice or video calls).
- Medical information / chat line
- Medication reminders



TeleHealth Features

The SmartMobile gives you the ability to record vital signs – either wirelessly using our approved range of monitors (BP, BSL, pulse, temperature, weight and ECG) or manually using your existing devices. You can access the stored data at any time via our free Client Portal, and you can even share an electronic report with your GP, if desired. Family and carers can monitor results via the new LifeGuard SmartCarer app.

Optional Professional TeleHealth Service

The LifeGuard SmartMobile can let you take advantage of our optional TeleHealth Service, which assists with monitoring people’s health right in their own home.[◊] It’s particularly useful for those with medical conditions such as diabetes, COPD, chronic heart failure or unstable blood pressure. Vital signs (blood pressure, blood sugar levels, pulse, and various other measurements) can be automatically recorded and sent to a nurse at INS LifeGuard for monitoring. If the readings are of concern, our nurse will action and follow-up with you.

Automatic or Manual Entry of Measurements

We can supply Bluetooth capable monitoring devices that can automatically send your vital sign measurements to the SmartMobile. If you prefer to use existing non-Bluetooth capable devices, the results can be manually entered into the SmartMobile using the touch-screen. Either way, the results will be monitored by a Registered Nurse in our Emergency Response Centre.

Registered Nursing Reviews

You can also receive a monthly Registered Nursing Review. Simply schedule an appointment via the SmartMobile. At the appointed time, our nurse will initiate an audio/video call. During the review our nurse will discuss with you any health issues, review your previous month’s data, and if required and agreed, forward a report to your medical practitioner.

Optional SmartDock Features

We can also supply our LifeGuard SmartDock for wireless charging and enhanced audio quality via the dock’s microphone and speakers. (Requires compatible Android smartphone.) App works in both portrait and landscape mode.

- When the SmartMobile is docked, it acts as a clever companion to your existing SmartHome IP Dialler
- Wireless charging – simply place the phone centred on the front of the dock
- Built-in microphone and speakers enhance the audio quality of the LifeGuard SmartMobile

Features subject to change at discretion of INS LifeGuard.

[†] Minimum Android 4.4 with 5” Screen.

¶ In development.

◊ Professional TeleHealth Service in development, coming soon.

For those with pacemakers: Radiofrequency energy from mobile devices and other technologies may cause interference with pacemakers. You should consult with your doctor to be sure, however, most who wear a pacemaker can still safely use these devices by taking simple precautions. Avoid placing or wearing them next to the pacemaker, keeping them at least 15 centimetres away from it.